

congregational

**C A R E**

& Health Ministry



HOPE CHURCH

*I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another.*

*John 13:34-35*

## **Loving One Another**

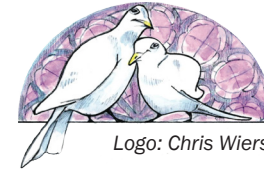
Within the Hope Church community, we support each other spiritually, emotionally, and physically, through individual relationships and also through various groups and resources available to all members.

*I came that they may have life,  
and have it abundantly.*

*John 10:10*

## Care Groups

The Congregational Care Ministry, under the leadership of the Hope Church Pastors and Consistory, attends to members' overall health and connections to the life of the church. Each member is a part of a Care Group, which has a leadership team including two who are elders or deacons. To find out which Care Group you're a part of, see the church directory or contact the church office (current leaders are listed on the enclosed insert).



## Health Ministry

The Health Ministry supports the Congregational Care Ministry with a specific focus on faith and health.

They regularly make available adult education on health-related topics, medical equipment for use at no cost, blood pressure and flu shot clinics, and regular communication to support the Hope Church community in understanding the close relationship between faith and health.

# CARING for one another

## Care Group Support

Each Care Group finds its own way to stay in tune with members' lives and needs. Contact your Pastors or Care Group leaders when you seek prayer and means to grow in faith or ways to connect to the life of Hope Church, or when you find yourself in need of care or support. Care Groups and the Congregational Care Ministry can arrange for meals, transportation, or other resources in times of need. Care Groups also provide Prayer Shawls from the Knitting Ministry during times of extended illness or hospitalization as a way of sharing a sense of God's peace and healing.

## In-Home Communion

Care Group leaders can also arrange for in-home communion, another important way we support members. Elders serve home communion twice a year, and the pastors can share the Sacrament of the Lord's Supper if you are unable to be in worship during a time of extended illness.

## Parish Nurse

In recognition of the connection between spiritual and physical health, the Hope Church community includes a parish nurse, who can

- Help to sort through complicated medical information
- Locate and advocate for health-related resources during or after a hospitalization
- Evaluate safety issues through home visits
- Offer resources for making end-of-life decisions
- Provide support through presence and prayer at times when stress begins to affect health
- Contact Donita Robards at (616) 499-1609 or [donita.robards@resthaven.org](mailto:donita.robards@resthaven.org) for a one-on-one consultation

## Care-giver Support

If you are a care-giver, you may be interested in the REST group, which meets several times a month (see the church calendar or contact the office for specific plans). By coming together at REST, care-givers can **R**elax, **E**mpathize with each other, and **S**hare experiences in a spirit of **T**hanksgiving to our God.

## CARE GROUP LEADERSHIP

CARE GROUP	CONSISTORY MEMBER	CONGREGATIONAL CARE LEADER
1	Judi Boogaart Don Luidens	Judy Mastenbrook Jackie Heisler
2	Judy Bultman Ron Mulder	Nancy VandeWater Jan Fike
3	Tom Arendshorst David VanHeest	Bette Williams Don Buteyn
4	Stephanie Parrott Curtis Gruenler	Eloise VanHeest Pat Tysse
5	Tom Mullens Barb Osborn	Barb Osborn Fran Becker
6	Lois Maassen Keith Derrick	Stan & Nancy Rock Dave Boelkins
7	Phil Tanis Kathy Brownson	Norma Killilea Char Laman
8	Duane Kooyers Joyce Teusink	Phil VanEyl
9	Jean Cook Jane Dickie	Jean Cook Rose Mary Cantor
10	Julie Clough Judy VanderWilt	Bob Bos
11	Michael Kolk Jane Schuyler	Loretta Smith
12	Henry Luttikhuizen Mark Sneller	Barb Israels

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Ann Anderson

Maxine DeBruyn

Ellen Hale

Earl Laman

Tom Mullens

Dick Noordijk

Eloise VanHeest

Pastor Jill Russell, support

Donita Robards RN, Hope Church  
Parish Nurse, support

Watch the newsletter, website,  
and calendar to take advantage of  
resources and opportunities offered  
by Congregational Care, the Health  
Ministry, or the parish nurse.

**HOPE CHURCH**  
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