

## Loving One Another

Within the Hope Church community, we support each other spiritually, emotionally, and physically, through individual relationships and also through various groups and resources available to all members.

Watch the newsletter, website, and calendar to take advantage of resources and opportunities offered by Congregational Care, the Health Ministry, or the parish nurse.

# congregational CARE

& health ministry

*I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another.*  
John 13:34-35

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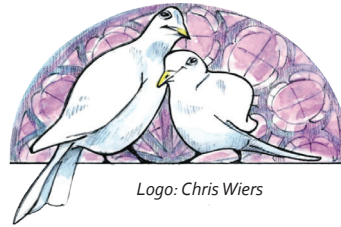


## Care Groups

The Congregational Care Ministry, under the leadership of the Hope Church Pastors and Consistory, attends to members' overall health and connections to the life of the church. Each member is a part of a Care Group, which has a leadership team including two who are elders or deacons. To find out which Care Group you're a part of, see the church directory or contact the church office (current leaders are listed on the enclosed insert).

## Health Ministry

The Health Ministry supports the Congregational Care Ministry with a specific focus on faith and health. They regularly make available adult education on health-related topics, medical equipment for use at no cost, blood pressure and flu shot clinics, and regular communication to support the Hope Church community in understanding the close relationship between faith and health.



## Parish Nurse

In recognition of the connection between spiritual and physical health, the Hope Church community includes a parish nurse, who can

- Help to sort through complicated medical information
- Locate and advocate for health-related resources during or after a hospitalization
- Evaluate safety issues through home visits
- Offer resources for making end-of-life decisions
- Provide support through presence and prayer at times when stress begins to affect health
- Contact Ginger Clark at (616) 414-2983 or [gclark@hopechurchrca.org](mailto:gclark@hopechurchrca.org) for a one-on-one consultation

# CARING for one another

## Care Group Support

Each Care Group finds its own way to stay in tune with members' lives and needs. Contact your Pastors or Care Group leaders when you seek prayer and means to grow in faith or ways to connect to the life of Hope Church, or when you find yourself in need of care or support. Care Groups and the Congregational Care Ministry can arrange for meals, transportation, or other resources in times of need. Care Groups also provide Prayer Shawls from the Knitting Ministry during times of extended illness or hospitalization as a way of sharing a sense of God's peace and healing.

## In-Home Communion

Care Group leaders can also arrange for in-home communion, another important way we support members. Elders serve home communion twice a year, and the pastors can share the Sacrament of the Lord's Supper if you are unable to be in worship during a time of extended illness.

## Prayer Shawls

Each prayer shawl is knitted by a member of the Knitting Ministry while having said a special prayer of blessing for the person who will wear the shawl. Prayer shawls are intended to bring a sense of God's peace and healing.

## Care-giver Support

If you are a care-giver, you may be interested in the REST group, which meets several times a month (see the church calendar or contact the office for specific plans). By coming together at REST, care-givers can Relax, Empathize with each other, and Share experiences in a spirit of Thanking to our God.

## CARE GROUP LEADERSHIP

CARE GROUP	CONSISTORY MEMBER	CONGREGATIONAL CARE LEADER
1	Tom Bultman Wendy Rebhan	Judy Mastenbrook Jackie Heisler
2	Sharon Arendshorst Randy Smit	Sharon Arendshorst Jan Fike
3	Kurt Hopkins Lise Topp	Bette Williams Cary Russell
4	Josh Beard Paul Smith	Eloise VanHeest Pat Tysse
5	Becky Derrick Judy Parr	Becky Derrick Fran Becker
6	Kristine Bradfield Kevin Rosenau	Nancy Rock Dave Boelkins
7	David Blauw Vicki Rumpsa	Char Laman
8	Leon Knoll Kathy Sheridan	Carla Beach
9	Steve Griffore Jean Martin	Steve Griffore
10	Dee Dee Piers Barb Knoops	Peggy DeHaan Barb Knoops
11	Fred VanDoornik Ben Sikkink	Loretta Smith Barbara Bouma
12	Anne Saliers Rick Smith	Barb Israels Michelle Johnson

Updated: June 2016



Ann Anderson

Maxine DeBruyn

Ellen Hale

Jackie Knoll

Earl Laman

Lori VanDoornik

Eloise VanHeest

Ginger Clark, parish nurse

Pastor Jill Russell, support